

SHAWNA MURRAY-BROWNE

shawna@shawnamurraybrowne.com

EDUCATION

Ph.D.	MAY 2023	University of Maryland, Baltimore Graduate School, School of Social Work Dissertation Title: <i>Oral Histories of Black Women Advocates in the Civil Rights Era: Illuminating Perspectives of Black Healing, Wellness and Spirituality</i> Dissertation Chair: Corey Shdaimah, Ph.D., LLM Committee Members: Theda Rose, Ph.D., Alexandra Wimberly, Ph.D., Geri Peak, DrPH, Venus Evans-Winters, Ph.D.
M.S.W.	2011	University of Maryland, Baltimore School of Social Work Concentration: Families and Children
B.S.	2009	University of Maryland, College Park School of Public Health Family Science and Criminal Justice

LICENSURE

LCSW-C	2012	Maryland Board of Social Work Examiners License #17843
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CERTIFICATIONS

QiGong Instructor	2016	Extend Shen Academy
Clinical Supervisor	2016	Maryland Board of Social Work
Advanced Mind-Body Medicine	2019	The Center for Mind-Body Medicine

RESEARCH EXPERIENCE

Graduate Research Assistant	2019-2022	University of Maryland, School of Social Work Yoga Implementation with Returning Citizens PI: Alexandra Wimberly, Ph.D.
Intervention Development Consultant	2019-2021	Johns Hopkins University, School of Nursing Passport to Freedom- Promoting Health After Trauma Co-PI: Patty Wilson, Ph.D. and Phyllis Sharps, Ph.D.
Social Work Research Intern	2010	Maryland Department of Human Resources Social Services Administration Supervisor: Karen Powell
Applied Research Intern	2010	Westat Social Science Division Differential Response in Child Welfare PI: George Gabel
Graduate Research Assistant	2010	University of Maryland, School of Social Work

Ruth Young Center
Mother-Baby Foster Care Program
PI: Kantayahnee Murray, Ph.D.

Student Researcher

2007

University of Maryland, College Park
School of Public Health, Family Science Department
Incarcerated Fathers
PI: Kevin Roy, Ph.D.

PUBLICATIONS

Manuscripts

Wimberly, A. S., Petros, R., Sacco, P., Tennor, M., **Murray-Browne, S.**, & Arikat, L. (2022). Factors that contribute to stigma toward opioid users among social work students. *Journal of Social Work Practice in the Addictions*, 1-12.

Murray-Browne, S. (November/December 2021). *Decolonizing mental health: The healing power of community*. Psychotherapy Networker.

Wilson, P., Sharps, P., Campbell, J., Gross, D., Alexander, K., Peay, A., & **Murray-Browne, S.** (In Development). *Passport to freedom: A trauma-informed mindfulness program for previously incarcerated women*.

INDEPENDENT TEACHING

Decolonizing Therapy for Black Folk

Virtual Adult Learning Intensive for Mental Health Professionals and Graduate Students

- Designed and implemented 16-hour curriculum, assessments, quizzes, and group learning experiences
- Successfully engaged 600+ students across the country over a 3-year timeframe
- Taught decolonial mental health, history of US mental health care, Black Psychology, Liberation Psychology
- Facilitated clinical case consultations around critical application of liberatory practice

PRESENTATIONS

Refereed Presentations

Murray-Browne, S. (March 17, 2023). “Decolonizing Mental Health Care: The Healing Power of Black Communities” at Psychotherapy Networker Symposium.

Murray-Browne, S. (July 2022). “The Case for CRT in the Fight for Social Change (Panelist) at African American Policy Forum CRT Summer School.

Murray-Browne, S. (March 12, 2022). “Healing Generational Trauma: Centering the Needs of Our Children” at Psychotherapy Networker Symposium.

Murray-Browne, S. (March 2021). “How to Heal a Sista: A Grassroots Approach to Helping Black Women” at Psychotherapy Networker Symposium.

Murray-Browne, S., Hardy, K., Menakem, R., Young, D. and Daphne Fuller. (March 2021). Mental Health and the Black Community” (Panel) at Psychotherapy Networker Symposium.

November 17, 2020. Diversity, Equity & Inclusion: MFP Perspectives as Students and Faculty. (November 17, 2020). Panelist at CSWE APM Conference.

Murray-Browne, S. (November 17, 2020). MSW Program Student Cultural Awareness and Student Anti-Racist Behavior, CSWE APM.

Peak, G., **Murray-Browne, S.**, Love, D. “Combating Epistemicide and Deflecting the White Gaze through Liberatory Accountability as an expansion of Culturally Responsive and Equitable Evaluation Practice.” at 6th Annual Center for Culturally Responsive Evaluation and Assessment Conference— Postponed due to COVID-19

Harris, T. and **Murray-Browne, S.** (April 16, 2021). “Cultivating a Liberatory Community for Black Mamas,” at Black Maternal Health Virtual Conference, Black Mamas Matter Alliance.

Sharps, P., Wilson, P., Campbell, J., Alexander, Hill, K., Peay, A., **Murray-Browne, S.**, Shabazz, B., & Ingram, N. (2018, September). *Passport to freedom: A women's reentry program promoting health after trauma*. Podium Presentation at the 22nd Conference of the Nursing Network on Violence Against Women International (NNVAWI), Ontario, Canada.

Murray-Browne, S. (2017, April). *Meditation for melanated people: Methods and insights for healing generations*. Presented at the National Association of Black Social Workers Conference, Washington, D.C.

Jackson, E., **Murray-Browne, S.**, & Gilliam, J. (2016, June). *Black social workers and community schools: Empowering the village*. Presented at the National Association of Black Social Workers Conference, New Orleans, LA.

Murray-Browne, S. (2010, June). *Colorado consortium on differential response*. ePoster presented during roundtable discussion at Westat, Rockville, MD.

Select Invited Presentations

Murray-Browne, S. (February 2022). "First, Reclaim Yourself: Lessons in Wellness from the Black Radical Tradition" at Bryn Mawr College for Black History Month Keynote Address.

"Decolonizing Mental Health in the Hospital." Guest lecturer at University of Maryland Medical Center (April 7, 2021)

"Decolonizing Mental Health in a Campus Setting." Guest lecturer for Goucher College Counseling Center (April 21, 2021)

"Channeling Audre: Self Care as Radical Resistance." Panelist at African American Policy Forum 6th Annual Her Dream Deferred Conference. (April 6, 2021).

"Merging Macro Skills in Clinical Practice." Guest speaker at University of Maryland School of Social Work (March 31, 2021).

"Cultural Humility, Social Justice and Social Work Practice." Co-facilitator at Council on Social Work Education Master's MFP (March 29, 2021).

"Mental Health and the Black Community." Panelist at Psychotherapy Networker Symposium in Washington, D.C. (March 20, 2021).

"How to HealASista: Grassroots Methods for Helping Black Women." Workshop presented at Psychotherapy Networker Symposium in Washington, D.C. (March 19, 2021).

"Healing Wounds of White Supremacy." Guest lecturer at the Probono Counseling Project. (November 19, 2020).

"Compounded Trauma: The Response to Black Wellness." Panelist at the Black Policy Lab held virtually (October 22, 2020).

"Creating Trauma Informed Organizations and Communities." Panelist at Point Source Youth 4th Annual National Symposium (October 20, 2020).

"African-centered Social Work Practice." Presenter at Association of Black Social Workers African Centered Social Work Symposium. (October 9, 2020).

"Anti-racism in the Workplace." Guest speaker at the University of Maryland, School of Social Work, held virtually (October 6, 2020).

"Decolonizing Mental Health." Guest lecture for the DOVE Program at Lifebridge Health in Baltimore, MD (September 24, 2020).

"Racial Equity and Healing in the Human Service Sector." Guest Lecturer for Leaders of a Beautiful Struggle (August 8, 2020).

“Liberation-focused healing: Transforming mental health care.” Presented at the New York City Department of Health and Mental Hygiene Center for Health Equity before the Mayor’s Black Mental Health Advisory Board, New York, NY. (October 2018).

“Healing and sustaining for collective justice.” Plenary at Planned Parenthood Federation of America Solidarity Conference, Atlanta, GA. (June 2018)

“Intentional social work practice: Exploring anti-racism, pro-blackness mindfulness in action. and in action.” Roundtable discussion at the Alliance of Anti-Racist Practitioners, Baltimore, MD. (2017, March).

“Mental health disparities for Black women and girls: Prevalence, violations and recommendations.” Paper presented before the United Nations Working Group for People of African Descent at the Eubie Blake Center, Baltimore, MD. (2016, June).

Select Community Workshops

Reclaiming the Sacred: 6 Crucial Steps to Honoring Yourself Off Stage. Presenter. Women of the World Poetry Slam. (March 29, 2023).

“Healing From an Enduring Legacy of Racism.” Panelist at Healing City Baltimore Truth and Healing Conversations. (June 24, 2020).

“Building Black Power.” Panelist for Leaders of a Beautiful Struggle. (July 6, 2020)

Docuseries

PBS Docuseries, Mysteries of Mental Illness: Decolonizing Mental Health. (June 10, 2021).

Podcasts

Decolonizing Practice Building. Episode 199 of Abundance Practice Podcast

Decolonizing Therapy as Liberation Work. Episode 184 of Fare of the Free Child Podcast

Reclaiming Healing Space. Episode 515 of Practice of the Practice Podcast

Liberation from Racialized Trauma. Episode 72 of A Date with Darkness Podcast

Mindfulness. Session 78 of the Therapy for Black Girls podcast

Mental health needs of activists. Session 46 of the Therapy for Black Girls Podcast

COMMUNITY INITIATIVES SUPPORT

The Fund for Change	2018-2019	Healing Baltimore Activists Community Healing Justice Circles and Liberation-Focused Training for Local Mental Health Providers. Award Amount: \$20,000
The Baltimore City Youth Fund	2018-2019	Sista SoulQuest Inter-generational, Black culture infused, Mind-Body Medicine Program at Matthew Henson Elementary School. Award Amount: \$85,748.25
Baltimore Corp Elevation Awardee	2018	Healing Baltimore Activists Community Healing Justice Circles and Healing Clinics. Award Amount: \$10,000

TRAINING AND CONSULTING

CEO, Principal	2017-	Kindred Wellness, LLC Educate helping professionals liberatory praxis, community
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engagement, mindfulness/healing and trauma

Facilitate Mind-Body Skills groups as strategy to shift school/organizational culture/ capacity building

Provide Executive Coaching to Non-Profit Executives

Design curriculum for adult learning on mind-body healing and decolonial praxis

CLINICAL SOCIAL WORK EXPERIENCE

Executive Director and Founder	2017-2021	Kindred Community Healing Manage team of five in grassroots and in-school program implementation Develop curriculum for community-based, wellness initiatives serving activists, youth and women Fundraise and write grants for government and foundation funding
Practice Owner and Integrative Psychotherapist	2014-2018	Kindred Wellness, LLC Administered psychotherapy to African American teen girls, women and activists Utilized mind-body medicine, DBT, CBT and social justice oriented methods to address trauma Facilitated QiGong workshops for individuals, staff development and community
Community School Coordinator	2015-2016	University of Maryland, School of Social Work Social Work Community Outreach Service Conducted Community needs assessments through ongoing cor Brokered partnerships in community to address school and community needs Developed community programming and events calendars to foster positive school climate
Mental Health Clinician/ Social Worker	2013-2015	Department of Health and Mental Hygiene Regional Institute for Children and Adolescents- Baltimore Facilitated individual, group and family psychotherapy weekly through use of DBT in residential treatment with adolescent boys Field Instructor/Supervisor for two graduate level social work interns
Community Based Psychotherapist	2014	Regenerations Counseling Services Facilitated individual and family psychotherapy with clients in Baltimore City Deescalated crises in the home setting
Social Worker II	2012-2013	Baltimore City Department of Social Services

Sex Abuse Unit

Interviewed child and family victims as well as the alleged offenders in collaboration with police officers

Provided direct crisis intervention services, city-wide crisis intervention services and case management

Family Preservation Social Worker

2011-2012

**Baltimore City Department of Social Services
Family Preservation Unit**

Implemented in-home activities with families to counsel and mediate familial issues

Conducted weekly home visits with families and refer to community services

Social Work Policy Intern

2010-2011

**Department of Human Resources
Social Services Administration**

Served as a liaison between Local Department of Social Services and Social Services Administration

Permanency Social Work Intern

2009-2010

**Baltimore City Department of Social Services
Permanency Unit**

Managed out of home placements of youth

Facilitated family involvement meetings for planning long-term arrangements for adolescents

COMMUNITY SERVICE

Member and Committee Co-Chair

2021-

Baltimore City Government

Trauma Informed Care Taskforce
Decolonizing Practices Committee

Community Advisor

2021- 2022

B-More Invested

Advisory Board Member

2019-

Clctively

Governance Committee

2021-

Behavioral Health Systems Baltimore

Board Member

2016-2018

Pressley Ridge, Maryland

SAT Tutor/Coordinator

2010-2011

Building STEPS

Hurricane Relief Trip Leader

2006-2008

Alternative Spring Break, New Orleans

Prison to College Pipeline
Co-Founder

2007-2006

Nyumburu Cultural Center
University of Maryland, College Park

Volunteer Community Organizer

2006

People's Hurricane Relief Fund, New Orleans

HONORS

Best Poster Presentation

2020

University of Maryland, Graduate School
Graduate School Research Symposium

Minority Fellows Program

2019-2021

Council on Social Work Education

Spirit of Oya Community Leadership
Award

2018

Ile Ilera, Baltimore

Spirit of Oya Community Leadership
Award

2017

Ile Ilera, Baltimore

Twenty in Their Twenty's Award	2016	The Daily Record
Alumni Association Scholarship	2011	UMB School of Social Work
Muriel Gray Scholarship	2011	UMB School of Social Work
John B. Slaughter Outstanding Senior Award	2009	University of Maryland, College Park Nyumburu Cultural Center
Senior Dean Scholar Award	2009	University of Maryland, College Park School of Public Health
Spirit of Maryland Homecoming Award	2009	University of Maryland, College Park
Student of the Year	2008	University of Maryland, College Park Nyumburu Cultural Center